



St Thomas Becket

Catholic Primary School

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London SE25 5BN

Headteacher
Diarmuid Skehan

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Friday, 10th February 2023

Dear Parents/Guardians,

During Spring 2, We will be doing the unit; Created to Love Others as part of Relationship and Sex Education (RSE).

The emphasis in Year 1 is on the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we apply to our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

The topics in the units are:

Being Safe

Good Secrets and Bad Secrets

Physical Contact

Harmful Substances

Can You Help Me?

If you have any queries or questions, please do not hesitate to contact us.

Kind regards,

The Year 1 Team