

## TEN TEN Life to the Full RHE programme

Dear Parents/ Carers

In the summer term, children in Year 6 will continue to learn about Relationship and Health Education. As you are aware our school has decided to adopt the programme, **Life to the Full**, produced by the Catholic educational organisation, Ten Ten Resources.

The **Life to the Full** programme is based on the structure of 'A Model Catholic RSE Curriculum' by the Catholic Education Service. This model curriculum was highlighted as a work of good practice by the Department of Education so we therefore have confidence that the programme is fit for purpose in supporting the growth and development of your child.

There are two topics in the summer term in Year 6

The first topic is **Religious Education**.

It includes a session called 'The Trinity' (Children will consider how they can allow the Holy Spirit to work through them to bring God's love into the world) and a session called 'Catholic Social teaching' (They will learn the principles of CST, how we can apply these to daily life and how 'loving our neighbour' might mean acting in ways that affect global organisations as well as individuals). They also will have a session called 'Reaching out' (Children will look at current news stories, applying Catholic Social Teaching to analyse the issues and come up with ways of reaching out to others and spreading God's love in their communities.)

The second topic is **Life Cycles**.

It includes a session called 'making babies' (This session explores how a baby grows in the womb, building and developing the teaching at Lower Key Stage Two) and a session called 'menstruation' (Through this session, pupils will learn about how girls manage their periods, and understand some of their possible side effects. They will learn why periods happen; that fertility is necessary to bring a child into the world; and how periods are part of God's plan for creation.)

There is an online parent platform so that you, as parent and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform and so to familiarise yourself with the content of the sessions, please visit: **[www.tentenresources.co.uk/parent-portal](http://www.tentenresources.co.uk/parent-portal)**

School Username: [thomas-becket-se25](#)

School Password: [another-world](#)

You can access our [RSE](#) policy in the school policies section on the school website. The policy contains further details of the scheme and an overview of which units will be taught in each year group.

Best wishes,  
Mrs McFeat and Mr Bonnar